Centre for NATURAL MEDICINE
Naturopathic Health and Wellness Clinic

Child Intake Form (up to 12 years of age)

Due to the chemical sensitivity of some of our patients, we ask that you please refrain from wearing perfume/cologne when visiting our office. Thank you.

Name _____ Date _____
Age _____
Date of Birth_____/_____/_____ Gender: female _____ male_____
Address_____
City _____ Prov _____ Postal Code _____
Telephone# (home) _____ Parent/Guardian (Work) _____
Name of Parent/Guardian _____
Email of Parent/Guardian _____
Email address will only be used for correspondence from the Centre for Natural Medicine
MHSC (6 digit):_____ PHIN (9 digit):_____

How did you hear about this clinic? _____

PLEASE COMPLETE THE FOLLOWING QUESTIONS

What are his/her most important health problems that he/she is seeking treatment for or is currently being treated for? List as many as you can in order of importance.

1) _____

2) _____

3) _____

4) _____

ALLERGIES

Is he/she hypersensitive or allergic to any of the following (please list):

Drugs? _____ Environmental?(pollen, dust etc)_____

Foods? _____

CURRENT MEDICATIONS

Please list **any** prescription medications, over the counter medications, vitamins or other supplements he/she is taking:

1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____

TYPICAL FOOD INTAKE

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks: _____

Beverages: _____

Additional Comments: _____

Frequently Eaten Foods: _____

GENERAL

Weight:_____lbs Weight 1 year ago: _____lbs

Max. Weight / When : _____ Height: _____

When during the day is his/her energy the best? _____ Worst? _____

REVIEW OF SYSTEMS

Y = A condition he/she has now
N = A condition he/she never had
P =A condition he/she has had in the past but is not experiencing at this time.

PLEASE CIRCLE THE APPROPRIATE LETTER FOR THE FOLLOWING:

Mental/Emotional

Mood Swings	Y N P	Anxiety or nervousness	Y N P
Poor Concentration	Y N P	Memory Problems	Y N P

Endocrine

Hypothyroid	Y N P	Heat or cold intolerance	Y N P
Hypoglycemia	Y N P	Diabetes	Y N P
Fatigue	Y N P	Seasonal Depression	Y N P

Immune

Vaccinations	Y N P	Reactions to vaccinations	Y N P
Chronic infections	Y N P	Chronic swollen glands	Y N P
Slow Wound Healing	Y N P		

Skin

Rashes	Y N P	Eczema, Hives	Y N P
Acne, Boils	Y N P	Itching	Y N P

Head

Headaches	Y N P	Migraines	Y N P
Head Injury	Y N P		

Ears

Earaches	Y N P	Impaired Hearing	Y N P
Dizziness	Y N P	Ringing in Ears	Y N P

Nose and Sinuses

Frequent colds	Y N P	Nosebleeds	Y N P
Stuffiness	Y N P	Hayfever	Y N P
Sinus Problems	Y N P	Loss of Smell	Y N P

Mouth and Throat

Frequent sore throat	Y N P	Sore tongue/lips	Y N P

Respiratory

Cough	Y N P	Wheezing	Y N P
Asthma	Y N P	Bronchitis	Y N P

Cardiovascular

Heart Disease	Y N P	High/Low Blood Pressure	Y N P
Palpitations	Y N P		

Gastrointestinal

Heartburn	Y N P	Belching or passing gas	Y N P
Change in thirst	Y N P	Change in appetite	Y N P
Constipation	Y N P	Diarrhea	Y N P

How many bowel movements a day? _____ Is this a change? _____

Urinary

Increased frequency	Y N P	Frequency at night	Y N P
Frequent Infections	Y N P		

Musculoskeletal

Joint pain	Y N P	Stiffness in joints	Y N P
Muscle spasms/cramps	Y N P	Arthritis	Y N P

HABITS

Does he/she exercise? Y N P

If yes, what kind and how often? _____

Average 8-10 hrs. sleep	Y N P	Sleep well	Y N P
Awaken Rested	Y N P	Any Major traumas	Y N P
History of abuse	Y N P	Eat refined sugar	Y N P
Watch television	Y N P	Read	Y N P
How many hours? _____		How many hours? _____	

Is there any information about the child's health that you would like to add?

_____

_____

_____

_____

Cancellation Policy: Scheduled appointments are reserved especially for you. Patients with same day cancellations or no-shows will be charged half of their original appointment fee. We require 48 hour notice for cancellations or rescheduling. **Thank you for your cooperation.**

Please Print:

I_____(*parent or legal guardian*) of _____ (*patient's full name*) ***agree*** to pay my full account at the time of each visit or treatment, including fees for appointments, services, cost of supplements and remedies, cost of laboratory tests, administrative fees, missed appointment fees as well as other applicable fees. **Note:** Submit your paid receipt to your insurance provider and/or for personal income tax.

Date: _____Signature of parent or legal guardian:_____